

Review of: "The Impact of physical exercise and alcohol conditions on self-reported health among cancer patients? An analysis of the Health Information National Trends Survey 2019"

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Socioeconomic factors play a significant role in the determination of personal life quality. Through their beliefs and surrounding norms, the paper sheds light on the tendency of cancer patients to deal with their side effects. The results addressed that alcohol conditions were strongly related to cancer (pre or post). The impact of physical activities was low due to insufficient physical activity from the beginning, which might highlight the importance of including exercise routines per and post-cancer diagnosis.

The results of the research paper are not surprising. Still, they are very beneficial to address and see that regardless of the improvements in cancer medicine, tendencies, and life habits are essential to successful prevention and treatments. I want to express my thanks to the authors for this study and mainly for motioning the limitations and guidance for more in-depth future studies to help better understand cancer patient's quality of life status and ways to improve it.