

Review of: "How to enjoy your healthy life after 70— suggestions from the science of longevity"

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Potential competing interests: No potential competing interests to declare.

My comments on the manuscript entitled "How to enjoy your healthy life after 70-suggestions from the science of longevity" are as follows.

1. The idea of the manuscript is very good; the abstract section should also include limitations of the manuscript (questions left unanswered) along with future prospects.
2. Focus on your major objectives and approaches utilized in the study of your manuscript in the intro section. Novelty should be included in this section with appropriate justification.
3. Write a separate discussion section of about 1000 words just before the conclusion section and relate all your findings in this section.
4. Include limitations and future prospects in the conclusion section of your manuscript.
5. Some cited references are not related to their text content. Cross check each and every reference and their associated text in the manuscript.
6. Complete editorial checking will be needed for your manuscript.