

Review of: "The Eden Complex: Transgression and Transformation in the Bible, Freud and Jung"

María Isabel Jiménez González¹

1 Universidad de Castilla La Mancha

Potential competing interests: No potential competing interests to declare.

This paper delves into a fascinating exploration of the psychological dynamics found in the story of Adam and Eve's expulsion from the Garden of Eden. The author presents the idea that this biblical narrative can serve as a more comprehensive framework for understanding various aspects of human development, interpersonal conflicts, moral and ethical values, as well as broader societal and psychotherapeutic transformations compared to Freud's Oedipal complex.

Its central thesis is that the transition from Freudian emphasis on the Oedipal complex to pre-Oedipal issues, like attachment and autonomy, suggests that the Eden narrative, which highlights humanity's exercise of autonomy and the subsequent consequences, is archetypal for psychological development. This proposition is thought-provoking and opens up new avenues for interpreting and understanding human behavior and development.

The article draws a connection between C.G. Jung's work and the concept of an "Eden complex," proposing that Jung's personal childhood conflicts related to God, religion, and his early musings on Adam and Eve played a significant role in shaping his analytical framework. This perspective offers an intriguing insight into Jung's own psyche and how these early experiences may have influenced his theories.

Furthermore, the article does not exist in isolation but references other thinkers, including Jacques Lacan and Richard Rorty. These references enrich the reader's understanding of the power of transgression in the Eden narrative, showcasing the interconnections of this concept with various philosophical and psychological schools of thought.

The inclusion of the Kabbalistic interpretation of the expulsion from Eden, along with its connection to Jung's work, provides an additional layer of depth to the discussion. It offers a unique perspective that deepens our understanding of the psychological and axiological significance of the Eden narrative, highlighting its universality across different belief systems and worldviews.

In conclusion, this is an intellectually stimulating paper that challenges conventional Freudian interpretations by presenting the Eden narrative as a fundamental framework for understanding human development, conflict, and societal transformation. It successfully connects the biblical narrative to the works of influential figures like Jung and Kabbalistic thought, making it a valuable contribution to the fields of psychology, philosophy, and religious studies. Readers with an interest in psychoanalysis, religious symbolism, and human behavior will find this article thought-provoking and insightful.

Qeios ID: PBKJAT · https://doi.org/10.32388/PBKJAT

