

Open Peer Review on Qeios

Long COVID syndrome

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A post-viral syndrome following the acute phase of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)-related disease (COVID-19). It consists in a set of objective signs or subjective symptoms persisting for at least two weeks after settlement of acute inflammatory manifestations and usually abrogation of viral replication. Objective manifestations include signs of residual organ/tissue insufficiency/damage (e.g. respiratory insufficiency, loss of smell, tinnitus) or (low-grade) chronic inflammation (e.g. low-grade fever). Subjective discomfort presents with a wide range of physical perceptions (such as dyspnoea, chronic pain, chronic fatigue), cognitive alterations and/or mood disturbances. Long COVID syndrome may sometimes overlap with slowly resolving COVID-19 when acute-phase manifestations of COVID-19 have only partially disappeared.

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