

Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Kebede Kumsa Sadeta

Potential competing interests: No potential competing interests to declare.

Remarks on the manuscript titled "How Competent are Health Professionals in Delivering Nutrition Education?"

The title is very interesting because it helps to identify the proficiency of health professionals in providing nutrition education. And evaluating the knowledge, and abilities of healthcare practitioners in delivering accurate and effective information on nutrition to their clients.

General Comment on methodology part

Out of 40 General hospitals, and 144 Primary Health Care (PHC) facilities. Three hospitals selected were selected for the study what is your criteria to select only 3?, also it says one health facility was selected by balloting from a list of all health facilities in the Local Government Area, Do you consider it to be representative?

How do you manage competency variation among different categories of health care professionals? Doctor , Dentist , Nurse , Physiotherapist ,Dietitian,

Would you please explain more the operational definition used to assess the competency of professionals on giving nutrition education and your reference

Please elaborate on the operational definition used to measure professionals' competency in providing nutrition education, as well as your reference?

In result part to assess the nutrition education competency of health professionals in delivering nutrition education, common questions is not separately reported, why? Explain it?

1. Questions to evaluate the health professionals' understanding of key nutrition concepts, such as macronutrients, micronutrients, dietary guidelines, and the relationship between nutrition and health conditions.
2. Questions to assess the ability of health professionals to effectively communicate complex nutrition information to patients.
3. Questions to evaluate the health professionals' ability to assess an individual's dietary needs through methods such as dietary recall, food frequency questionnaires, or other validated tools

It is critical to think about the aforesaid subject further.

Thank you