

# Review of: "Assessing the Impact of a Group Intervention on the Mental Well-being of Undergraduate Healthcare Students"

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Potential competing interests: No potential competing interests to declare.

1. The authors implemented the intervention in 2018, and its relevance in 2023, post-COVID-19, raises questions. There is a need for a critical assessment of how the intervention aligns with the current landscape.
2. The manuscript would greatly benefit from structural improvements, such as the inclusion of appropriate headings. It is essential to ensure that the content aligns seamlessly with these headings.
3. To enhance the manuscript's quality from the abstract to the conclusion, we recommend a comprehensive review of the APA 7th edition guidelines. This will ensure adherence to the latest citation and formatting standards.
4. Calculating effect sizes and incorporating differential effects related to respondents' backgrounds would significantly bolster the research's credibility.
5. In light of the evolving research standards of 2023, this paper necessitates substantial updates to align with current research practices and expectations.