

# Review of: "There's an App for That: Development of a Digital App for Mental Health Issues"

Azam Aslani<sup>1</sup>

<sup>1</sup> Ministry of Health and Medical Education

**Potential competing interests:** No potential competing interests to declare.

Thanks to the authors of the article, I recommend the following:

- 1- It is necessary to mention the sentences with reference. "In today's world, people tend to experience mental fatigue quickly." "The topic of mental health is also associated with a taboo label, which prevents people from sharing their struggles with others." Or, "unfortunately, many people in need of help do not seek assistance due to the stigma surrounding mental health, cost concerns, and limited access to resources." And ....
- 2- What is the purpose of this study? Evaluation of the software or its success rate in the digital market? If the goal is to evaluate the web-based software, it is necessary to describe the evaluation tools and the method of doing it. But if it is a report on the business model of the software, it will no longer fit in the form of a research paper.
- 3- The article is not written in the format of a research article, it is necessary to explain the components of a research article: introduction, instruments and methods of conducting the study, results and discussion separately.
- 4- The discussion section needs to be corrected. The discussion should result from the findings of the study. For example, how did the authors come to the conclusion that "The platform offers a safe space for sharing personal stories and building support networks." How were these results obtained? How many people used this platform? How were people selected?
- 5- Finally, the article is more like a report than a scientific article. I emphasize again that in a scientific article, all parts of the article are written based on scientific evidence. Both in the introduction section, where the author describes the problem and the appropriateness of the proposed solution using scientific documents, and in the discussion section, where the author introduces a new document based on the results obtained from the study.