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# Evening Primrose Oil

National Cancer Institute

## Source

National Cancer Institute. *Evening Primrose Oil*. NCI Thesaurus. Code C72199.

An oil extracted from the seeds of the plant *Oenothera biennis*, a North American native biennial branching shrub with small yellow flowers. The oil contains the fatty acids linoleic acid and gamma-linolenic acid (GLA), a rare essential fatty acid.