

# Review of: "Reevaluating Dietary Interventions for Health and Longevity: Beyond Low-Carb Diets and Exploring Phyton-Chemicals"

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Potential competing interests: No potential competing interests to declare.

The choice of topic is good, and the content is interesting, although the English language of the paper needs to be improved by someone efficient in English.

2<sup>ND</sup> Page, 4<sup>th</sup> line: "vowels" should be replaced by "bowels." 2<sup>nd</sup> Page, 8th line: "Here there is a chance for the company to save people"; Which company? Specify. Page 2, Heading 2, last line: "But there is a lack of material, and we would like to know any relevant references."; Please cite as many references as available, do not question the readers. Page 2, Heading 3, line 1<sup>st</sup>: "as**insoluble**"; should be "as **insoluble**." Also, line 5<sup>th</sup> in the same heading: "resp."; please write full form, and last line in the same heading: "couldn't have been done," please write it as "could not have been done."

More examples can be included, and suitable references can be added.