

# Review of: "Integrating Afterlife Beliefs of Christianity, Hinduism, Buddhism, and Shintoism Through the Cyclic Universe Model: A Multidisciplinary Approach with Practical Implications for Mental Health and Caregiving Professions"

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In a rather short article, I believe that the authors do a very good job of advancing a clear, coherent, and constructive proposal about a possible integration of beliefs from different religious and spiritual conceptions about the afterlife. Their approach to the model is very interesting. Of course, in such a short text, only a first impression of how it works can be given, which is why I believe that an extension to a book-length text would be ideal to develop and show the readers in detail the true viability, strengths, and weaknesses of their interpretation.

On the other hand, I consider that one of the weakest parts of the proposal is the incorporation of the Christian conception of the existence of a single material life awaiting the final resurrection. I think that there is still a long way to integrate this idea into the model, although I think that it is completely plausible.

A final comment I would like to share is that the positive consequences that could arise from adopting a model such as the one proposed, which I consider viable and very relevant for our society, are presented merely as possibilities. A much more detailed and in-depth analysis would be required to really be able to affirm that they are practically, socially, and psychologically viable for people in the contemporary cultures in which most individuals live.