

Review of: "Staunch the Age Related Decline into Dementia, Cancer, Autoimmunity (Long Covid), Obesity, and Other Diseases with a Prebiotic, Probiotic, Postbiotic Triple Play"

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Potential competing interests: No potential competing interests to declare.

Well written, very detailed, credible, and with reasonable limitations listed.

While it is not a research paper in the common sense, providing new insights derived from experimental work based on research hypotheses, it summarises the work of others very well and formulates some connections that are at least sensible.

It is very nice work for new ideas and to determine what aspects should get more research attention. As a biomedical engineer interested and motivated about PREVENTION and HEALTHY LONGEVITY / PROLONGED LIFE, this is a great resource. Thanks!