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Mental plan for a behaviour

Behaviour Change Intervention Ontology (BCIO)

Source

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Definition: A that is realised in mental processes representing the steps to enact a behaviour and the conditions under which the behaviour will be enacted.

Comment: The term 'plan' can sometimes be used to refer to intention and sometimes for instructional plans. 'mental plan for a behaviour' involves plans for which details about the behaviour (when [specific times], where, how or with whom) are specified.

This definition was imported from the Behaviour Change Intervention Ontology (see <https://bciosearch.org/>). Comments and suggestions for improvements are welcome using the Qeios review system.

Definitions imported from the Behaviour Change Intervention Ontology (BCIO) are what are known as 'ontological definitions'. See this article in Qeios for an explanation <https://www.qeios.com/read/YGIF9B>.

Ontological definitions can sometimes be hard to read. In those cases we also include an informal definition.

Definitions also often require elaboration to make it clear how they should be used and what they include. In those cases we include a comment.

Also, definitions sometimes require an explanation as to how they came about to help users understand how they relate to alternative definitions. In those cases we include a curator note.

