

Review of: "Internal migration and mental disorders among the adult population: a community-based cross-sectional study in Nepal"

Dr Dipika Bansal

Potential competing interests: No potential competing interests to declare.

The manuscript's focus on the relationship between internal migration and mental health issues in Nepal is contemporary and relevant. This paper exhibits several limitations, which are outlined below:

Page 1 – Abstract: Revise the results and conclusion in light of the study findings.

Page 2 - Introduction: Kindly add the incidence and prevalence rates of mental diseases in Nepal.

Give information about mental diseases that are frequent in the Nepali population.

Revise the introduction to include internal migration and its relationship to mental disorders.

Page 3 – Methods: 'In general, migration... Health problems'. Keep this information in the introduction.

In the Sampling & sample size, explain why the 15–49 age range was chosen for the study.

".... the sample selection procedure is shown in Chart 1". Kindly provide Chart 1.

In the Outcome measures, "Ever told...depression" Is it used alone or with other questionnaires/psychometric tools to assess mental disorders?

Page 5 – Results: "More ... moderate health condition" - mention the results in percentage.

Page 8 "Mental disorders ... to teenagers". Please revise the sentence as it does not sound right.

Page 12-13 – Discussion: Discuss the effects of internal migration on mental health due to sociodemographic factors.

The discussion needs to be modified based on key study findings.

Kindly provide the study's limitations along with any anticipated approaches.

Page no. 13 – Conclusion: Rewrite the conclusion in light of your research's findings.

Overall, the manuscript provides important insights into the relationship between internal migration and mental disorders in Nepal. Suggest providing an in-depth assessment of the connection between migration and mental health. And explain how the COVID-19 pandemic and the local elections could have affected the study's findings. These external factors could



indeed have significant implications on migration patterns and subsequently on mental health. Overall, this paper requires major revision and can only be proceeded for publication after rigorous modification.