

Review of: "Psychosocial Rehabilitation Services for Persons with Substance Use Disorder"

Henry F. De Salis¹

¹ University of Otago

Potential competing interests: No potential competing interests to declare.

Thank you for the opportunity to review and provide feedback on your draft article about the Centre for Addiction Medicine in Bangalore. It was an interesting first draft, though I believe it could be strengthened in the following areas.

1. Greater clarity of the purpose of the article. The introduction relied heavily on references to descriptions of addiction research and the need for creativity; however, the article read as a simple description of services provided, rather than about a research process.
2. Discussion of some key areas to provide the reader greater insight into the challenges to service delivery and some solutions. For example, the 21-day treatment cycle for detoxification and treatment appears very fast compared to usual practice in western treatment. How effective has the treatment cycle been? The article also refers to different economic demographics of patients but does not explain how these can affect treatment.
3. Explanation of terms. It was not clear how the term psychosocial was being used, or which treatments were included within this term. The term recovery could also be defined - what does recovery mean for the Centre and for its patients? Is there agreement, or are there differences? If there are differences, how are they reconciled?
4. Greater use of references to support statements of fact. There are many instances of statements made in the article without a reference. It was not clear whether statements related to the Centre being described, to India, or globally.
5. More explanation of patient addiction severity would be useful to allow readers to make comparisons to their own services.
6. All abbreviations should be explained.
7. Consider who your target audience is for the article. That may affect what you choose to explore in more detail. For example, the section on yoga therapy may be a novel treatment for some readers and so would benefit from greater analysis.