

Review of: "Assessing the Impact of a Group Intervention on the Mental Well-being of Undergraduate Healthcare Students"

Sheena Varghese¹

¹ Pushpagiri Medical College

Potential competing interests: No potential competing interests to declare.

Thank you for your invitation to review this paper.

The concept of this original research paper was excellent. I think the research paper could provide significant contribution in the field of health care among the undergraduate students.

Title: It would have been better if you could add the study design.

Introduction:

1. Better to be more concise and cohesive.
2. Suggested to remove the first paragraph and part of second paragraph till the definition of mental well-being as it is not related to the title.
3. Problem with the available recent literature would have been more appropriate.
4. In para.3, coping related discussion could have been moved to discussion part.

Methodology:

1. Methods should be described in detail. All methods for sample size calculation, data collection, analysis and synthesis should be described, justified and cited.
2. It could have been better if subheadings are used in methodology.
3. Reason for choosing the tools could have been mentioned.

Results:

1. Well described under sample characteristics, group difference & associations.
2. As the assessment of mental wellbeing is the one of the aim, would have been described after sample description.
3. The main findings are highlighted with figures.

Discussion:

1. Strengths and limitations are mentioned.
2. More recent literature should have been included.



All the best..