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# Perimenopausal

National Cancer Institute

## Source

National Cancer Institute. *Perimenopausal*. NCI Thesaurus. Code C15692.

Describes the time in a woman's life as she approaches menopause. This is usually three to five years before menopause and is often marked by irregular menstrual periods and many of the symptoms of menopause, including hot flashes, mood swings, night sweats, vaginal dryness, trouble concentrating, and infertility.