

Agile Learning: An innovative curriculum for educators

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Abstract

This paper presents a transformative approach to education, integrating agile methodologies into teaching and learning practices. It begins by contextualizing the necessity of agile learning in the modern educational landscape, drawing on a comprehensive review of background literature. The document then outlines the essential competencies required for educators in this innovative environment, emphasizing skills beyond traditional teaching methods to foster a dynamic, flexible, and effective learning atmosphere. Central to the curriculum are the structured learning objectives and the integration of practices from other innovative pedagogical methods, including Flipped Classroom, Inquiry-Based Learning, Lean learning, etc. This paper overall is underscoring the significance of Agile methodologies in adapting to the evolving demands of 21st-century education and it represents a step forward in redefining educational practices to meet contemporary challenges.

1. Introduction

Agile learning represents a significant shift in educational methodologies, adapting to the evolving needs and expectations of students in our fast-paced, technology-driven world. This approach is characterized by its adaptability, collaboration, and focus on personalized learning experiences, which are increasingly essential as traditional educational methods become less effective in the face of constant change. Agile learning in education is notably flexible and student-centric, allowing educators to tailor their teaching methods to better address individual student needs.

Originating from agile methodologies used in software development, agile learning emphasizes speed, flexibility, and collaboration in developing and delivering training. Training content is developed in short cycles known as sprints, each targeting a specific learning objective and continuously refined based on learner feedback. This results in a more responsive and adaptable learning approach, crucial in today's rapidly changing environment. It also fosters collaboration among learners, instructors, and other stakeholders, ensuring the training is relevant and meets learners' needs.

The Agile Learning project, an Erasmus+ KA2/Innovative project, exemplifies the application of agile learning in education. It aims to transform education through an Agile-based curriculum, empowering educators in primary and secondary education to adapt to 21st-century demands. The curriculum focuses on defining new learning paths, developing 21st-

century skills, enabling effective teamwork, enhancing project efficiency, promoting team collaboration, and facilitating the use of modern collaboration tools. This approach prepares both educators and learners to face contemporary challenges and efficiently implement educational projects.

The research question addressed in this paper is how can agile methodologies be integrated into teaching and learning practices to meet the demands of modern education? The paper presents a transformative approach to education by integrating agile methodologies into teaching and learning practices. It emphasizes the necessity of agile learning in the contemporary educational landscape, supported by a comprehensive review of relevant literature. The focus is on developing essential competencies required for educators in this innovative environment, which go beyond traditional teaching methods. These competencies aim to foster a dynamic, flexible, and effective learning atmosphere. The paper underscores the significance of Agile methodologies in adapting to the evolving demands of 21st-century education, representing a step forward in redefining educational practices to meet contemporary challenges.

The structure of the remainder of the paper is outlined as follows: Section 2 delves into various contemporary pedagogical approaches that align with the principles of agile learning pedagogy. In Section 3, we detail the curriculum's structure and contents, while Section 4 is dedicated to exploring the competencies encompassed within each group of competences. The paper concludes with a summary of our findings and reflections in the final section.

2. Background

The educational landscape is undergoing significant transformations due to globalization, rapid technological advancements, and shifts in labor market demands. These changes necessitate equipping young people with a diverse spectrum of skills and competences, which are essential for securing employment (Caena & Punie, 2019). In response to these evolving needs, various pedagogical methods have emerged.

Historically, educational reformers and thinkers have long advocated for student-centered approaches. These approaches, dating back to the works of John Dewey and Maria Montessori, emphasize active, experiential learning tailored to the individual needs and interests of students. Dewey, for instance, championed the idea of 'learning by doing,' a precursor to today's Project-Based Learning (PBL). Montessori's educational philosophy, deeply rooted in student autonomy and self-directed learning, echoes in contemporary methodologies like Agile and Lean Learning.

Building on the rich heritage of educational innovation and in line with the long-standing focus on student-centered and dynamic learning approaches, Agile methodologies in education take inspiration from agile software development principles. These methodologies emphasize collaboration, self-direction, incremental progress, and iteration. Just as Scrum, Kanban, and Extreme Programming (XP) have revolutionized project management and team dynamics in the tech industry, their adaptation to the educational sphere seeks to imbue similar qualities in the learning process. By incorporating these principles, educators aim to prepare students for a rapidly evolving world, fostering skills that are crucial for success in the 21st-century workforce.

Scrum is a framework within the Agile methodology primarily used for managing complex software development projects. It is characterized by its use of fixed-length iterations called sprints, which usually last two to four weeks. During these sprints, a small team works to complete a set portion of the project. Scrum emphasizes regular meetings, including daily stand-ups and sprint reviews, to track progress and address issues. In educational settings, Scrum can be adapted to manage classroom projects, where students work in teams to achieve learning goals within set timeframes, encouraging collaboration and continuous reflection (Sutherland, 2014).

Kanban is another Agile methodology, originally developed in the manufacturing sector by Toyota. It focuses on visualizing work, limiting work in progress, and maximizing flow. In Kanban, tasks are represented on a Kanban board, typically as cards that move from left to right through different stages (e.g., To Do, In Progress, Done). This visual approach helps teams manage their work more effectively by providing a clear overview of progress and bottlenecks. In education, Kanban can be used to help students organize and prioritize their tasks, promoting self-management and clarity in learning processes (Anderson, 2010).

Extreme Programming (XP) is an Agile software development methodology that emphasizes customer satisfaction, continuous improvement, and the ability to adapt to changing requirements. Key practices of XP include pair programming, test-driven development, and frequent releases of functional product. In an educational context, XP principles can be adapted to encourage collaborative learning, where students work in pairs or small groups, focus on iterative testing and feedback, and present their learning outcomes regularly. This approach fosters a deeper understanding and adaptability in learners (Kniberg, 2015).

Therefore, the agile approach allows students to take an active role in their learning, preparing them for the rapidly changing demands of the modern workplace (Reehorst van Rossum & Saris, 2019; Krehbiel et al., 2017; Fitsilis & Lekatos, 2017).

Similarly, Lean Thinking, initially used in the industrial sector, aims to increase productivity by eliminating non-value-added elements in educational processes. This approach has been particularly successful in technology and STEAM disciplines (Parsons & MacCallum, 2019; Sanahuja, 2020).

Another example is Project-Based Learning (PBL) is centered around students engaging in real-world and meaningful projects. It emphasizes student autonomy, inquiry, and collaboration, resulting in a publicly presented product or performance. PBL has been effective in engaging students in learning and developing essential 21st-century skills such as problem-solving and critical thinking Markula & Aksela (2022).

Flipped Classroom is another innovative approach where traditional learning environments are inverted. Students are introduced to learning material before class, and classroom time is devoted to expanding on these concepts through discussions, problem-solving, and application-based activities. Further, flipped Classroom aims to transition from passive to active learning, emphasizing peer interaction and problem-based learning. It encourages students to take charge of their learning journey and collaborate with their peers (Bishop & Verleger, 2013). Research has shown that the flipped classroom model enhances student engagement, participation, and academic performance (Bergmann & Sams, 2012).

The implementation of the flipped classroom can vary based on student needs and subject matter. A range of tools and resources are available to support the creation and distribution of pre-recorded lectures and other educational content, including videos, podcasts, and online quizzes.

Following these pedagogical approaches, the European Union has established frameworks to define essential competences for future generations. The European Reference Framework outlines key competences for lifelong learning within European educational institutions, including literacy, personal, social, and learning-to-learn skills, digital competence, and entrepreneurship. The LifeComp framework emphasizes competences for effectively managing professional and personal life challenges (European Commission Directorate-General for Education, Youth, Sport, and Culture, 2019; Sala et al., 2020).

In conclusion, these innovative pedagogical approaches – agile methodologies, Lean Thinking, PBL, and Flipped Classroom – collectively signify a paradigm shift in education. They emphasize efficiency, relevancy, practical application, and skills development, which are essential for equipping students to navigate and thrive in the complexities of the 21st-century world.

3. Research methodology

This research focuses on agile education approach as this approach is considered as the most promised and most complete approach given the fact that agile methodologies in education are commonly used in project-based learning and other student-centred approaches that focus on active and experiential learning. They are particularly effective in environments that require quick adaptation to changing circumstances, such as online or hybrid learning environments.

However, the majority of current teachers are unfamiliar with agile methodology, and therefore require training to apply it effectively. Moreover, the application of agile methodologies requires not only theoretical knowledge but also a broader set of skills and competencies such as communication, teamwork, and empathy. etc. As such, a curriculum that aims to train teachers in the application of agile methodologies in the classroom should be built on strong foundations. It should align with digital transformation and the use of technology in our daily lives (digital competences), assist teachers in developing or updating critical personal and social skills (transversal competences), and provide them with the necessary technical knowledge about agile methodology artifacts, ceremonies, and functions (agile competences) relevant to the classroom environment.

Digital Competence framework for Educators – DigiCompEdu (Redecker & Punie, 2017)., Digital Competence Framework for Citizens - DigiComp2.2 (Vuorikari, Kluzer & Punie, 2022). and Pedagogical Guide of Digital Competency Framework (Ministère de l'Éducation et de l'Enseignement supérieur. 2020) were used to identify the necessary digital competences. The last was used also to identify some of the transversal competences as well. Sources for identifying more transversal competences were the EU conference entitled "Supporting Key Competence Development: Learning approaches and environments in school education" (O'Shea & Frohlich Hougaard, 2019), the Key Competences for Lifelong Learning in the European Schools framework (European Commission, 2019) and LifeComp: The European Framework for Personal,

Social and Learning to Learn Key Competence (Sala, Punie, Garkov & Cabrera Giraldez, 2020). They were presented in detail at section 2.1. Finally, for identifying agile competences, mainly Scrum (Sutherland, 2014) and Kanban (Anderson, 2010) agile methodologies were used along with various agile educational frameworks such as Manifesto for Agile education (Scrum at School, 2018), EduScrum Guide (Delhij, van Solingen & Wijnands, 2015) and Scrum@School Guide Reehorst, van Rossum & Saris, 2019). All the above propositions lead to the formation of Agile2Learn curriculum for teachers as can be seen in Figure 1.

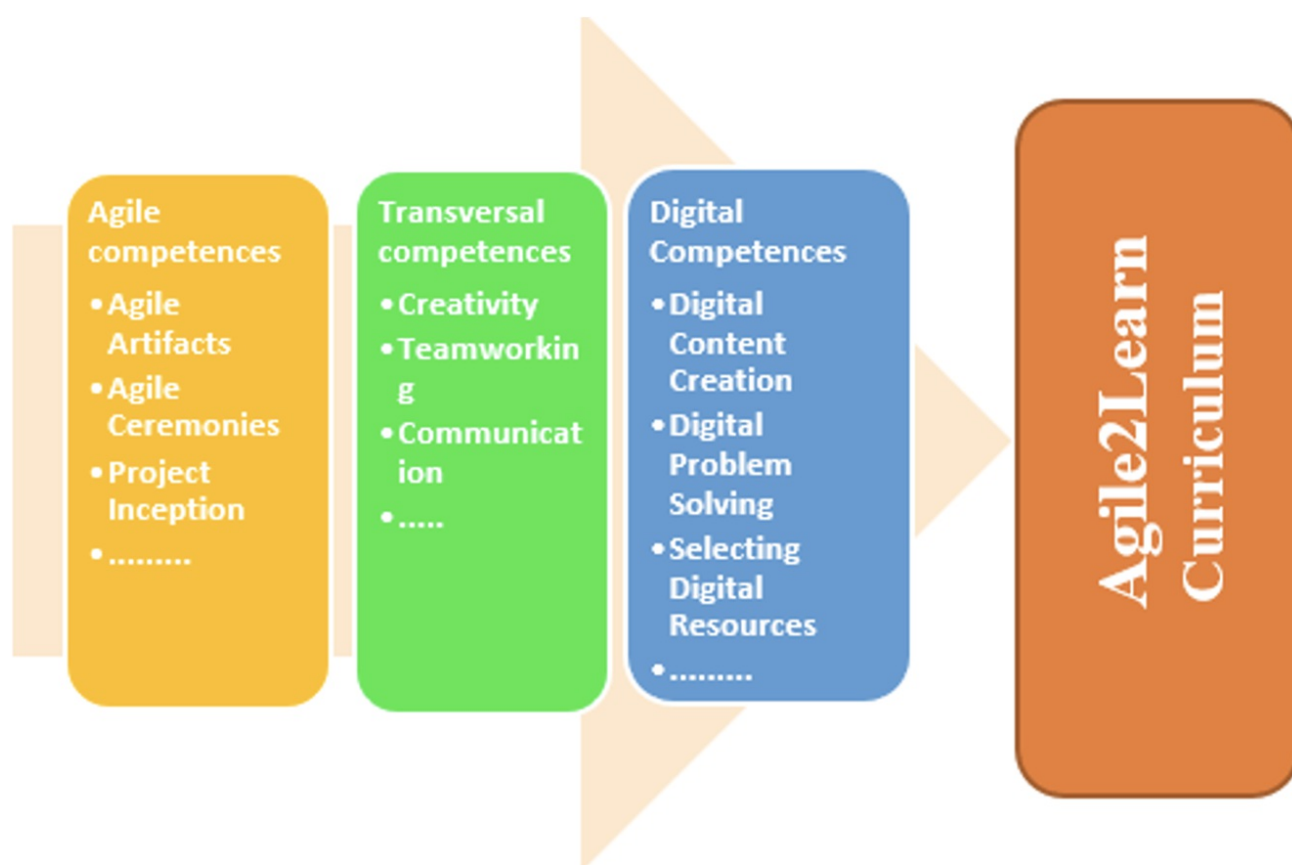


Figure 1. Components of the Agile2Learn curriculum

A total of 25 competences across all three components were initially identified, which were then presented to 12 experts from Greece, Italy, Germany, and the Czech Republic. These experts were from various domains, including secondary, adult, and VET education. After refinement, a final list of 21 competences was produced, which is presented in Table 1 categorized by component.

4. Agile Learning for Educators' Curriculum

The Agile Learning for educator's curriculum, responsive to the evolving educational landscape, incorporates Agile methodologies into classroom settings, aligning seamlessly with EU policy priorities. This innovative curriculum framework

is structured to improve transversal competencies in education, embrace Agile Project Management and Agile Pedagogy, and develop and validate training curricula for educators in primary and secondary education. Additionally, it aims to cultivate an innovative culture of training.

The curriculum's learning objectives are multifaceted:

1. **Development of Transversal Competences:** It equips educators with skills that go beyond specific job roles, enhancing their adaptability to diverse situations and challenges.
2. **Development of Agile Competences:** Educators are trained in Agile methodologies like Scrum, Kanban, Lean Management, and XP to promote adaptability and efficiency.
3. **Development of Digital Transformation Competences:** This aspect focuses on enabling educators to utilize digital tools and resources effectively for teaching and collaboration.
4. **Developing People and Teams:** It enhances educators' capabilities to work in self-managed teams, thereby improving collaboration, communication, and problem-solving skills.
5. **Developing an Innovative Culture of Training:** This objective is about fostering a continuous learning and innovation culture among educators and students.

In addition to these core objectives, the curriculum integrates other innovative pedagogical methods such as the Flipped Classroom and Inquiry-Based Learning. The Flipped Classroom approach reverses traditional in-class lectures and homework assignments. Students engage with pre-recorded lectures or reading material before class and then participate in activities like discussions, problem-solving, and project-based learning during class time. This method shifts the focus to active, peer, and problem-based learning, encouraging students to take responsibility for their learning and collaborate with peers (Bergmann & Sams, 2012; Bishop & Verleger, 2013).

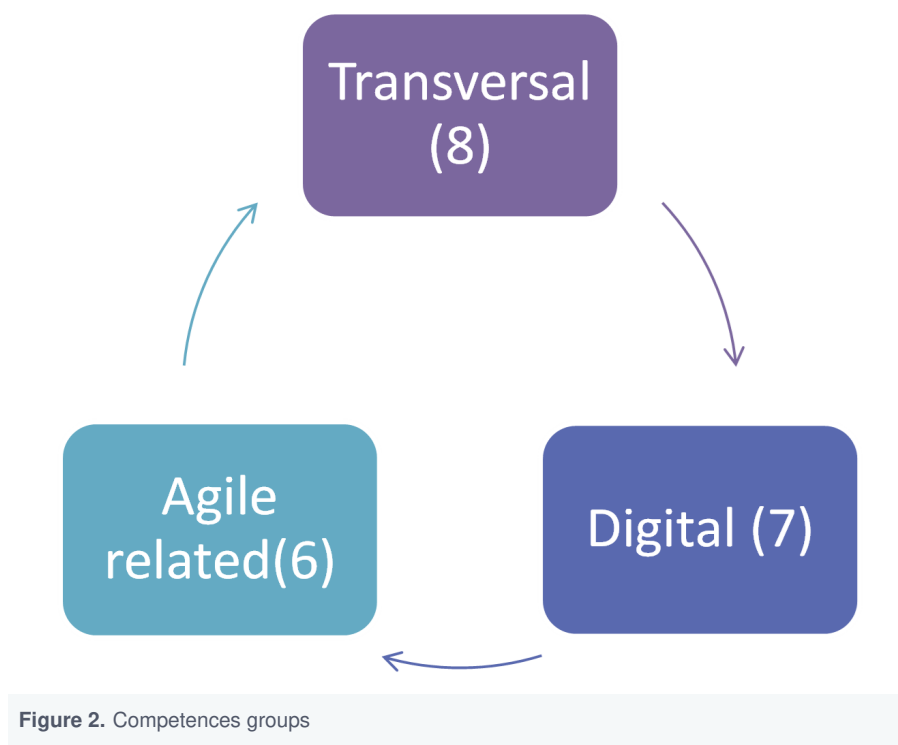
Inquiry-Based Learning, another key component, places students at the center of the learning process. It is a student-centered approach where students ask questions, make observations, investigate, and draw conclusions. This method promotes deeper learning and understanding by engaging learners in the process of exploration and discovery, encouraging them to become active learners motivated to seek out answers and solutions to problems.

In summary, the Agile Learning curriculum not only aligns with EU policy priorities by incorporating Agile methodologies but also enhances the educational experience through innovative pedagogical methods like the Flipped Classroom and Inquiry-Based Learning, fostering a dynamic and adaptable learning environment

5. Agile Learning Competencies

In the rapidly evolving educational landscape, the role of educators has transformed significantly, necessitating a shift in the competencies they require. Agile learning methodologies have emerged as a vital framework in this context, offering a dynamic and responsive approach to teaching and learning. This shift demands educators not only to be knowledgeable in their subject areas but also to be skilled in Agile principles and practices. These competencies extend beyond

traditional teaching methods, encompassing new skill sets that are crucial for creating a more engaging, flexible, and effective learning environment. The following section delves into the specific competencies required for educators to effectively implement agile learning methodologies, highlighting the essential skills and attributes needed to navigate and thrive in the contemporary educational landscape. Figure 2 presents the competency groups visually, while the number in parentheses indicates the number of competencies within each group.



5.1. Agile Related Competencies

Six competences have been identified as agile competences. These are:

1. **Agile Methods Fundamentals:** This competency delves into the foundational understanding of Agile methodologies such as Scrum, Kanban, and Lean Management. Educators will learn how to apply these frameworks in educational settings to promote adaptability and efficiency.
2. **Entrepreneurial Thinking:** Entrepreneurial Thinking equips educators with the ability to identify market opportunities and creatively capitalize on them. It encourages educators to think innovatively, work both individually and as part of a team, and take proactive, forward-looking approaches to teaching and learning.
3. **Project Inception (Planning):** This competence revolves around effectively planning and initiating projects within specified timeframes. It includes defining roles, facilitating communication, setting measurable objectives, identifying deliverables, and creating schedules. Educators learn to structure and manage educational projects efficiently.
4. **Self-Managed Teams:** Educators with this skillset can form and lead groups of students who collaboratively take full responsibility for delivering a service or product. Self-managed teams enhance students' teamwork and problem-solving abilities, fostering a sense of ownership and independence.

5. **Agile Artifacts:** Agile Artifacts refer to essential pieces of information that stakeholders and teams use to describe a product's development. Educators learn how to use artifacts like product backlogs and sprint backlogs to define and manage educational goals and progress effectively.
6. **Agile Ceremonies:** Agile Ceremonies are periodic meetings held to ensure projects are on track and meeting quality goals. Educators become proficient in conducting ceremonies like Sprint Planning, Daily Scrum, Sprint Review, and Sprint Retrospective, which enhance project management and team collaboration within the educational context.

5.2. Transversal Competencies

After a project-based research endeavor, eight competences have been identified, each playing a pivotal role in shaping the success of individuals in diverse contexts. These competences, often referred to as transversal or transferable competences, hold immense value in today's rapidly changing world.

Transversal competences transcend specific job roles, academic disciplines, or areas of knowledge, making them universally applicable and indispensable in various situations and work settings. Communication: Effective communication is crucial for educators to convey ideas, instructions, and feedback clearly to students and colleagues. It also involves active listening and understanding the diverse communication dynamics in various contexts, fostering positive learning environments.

1. **Creativity:** Cultivating creativity empowers educators to approach teaching and problem-solving in innovative ways. It encourages thinking beyond conventional boundaries, finding connections between ideas, and fostering a creative learning atmosphere that inspires students.
2. **Teamworking:** Teamworking skills enable educators to collaborate effectively with colleagues and guide students in collaborative learning experiences. Emphasizing the strengths of each team member and leveraging diverse perspectives enhances the learning process.
3. **Social Skills:** Social skills encompass a range of competencies that facilitate effective interaction and communication with others. Educators learn to develop skills such as conflict resolution, empathy, and active listening, which are essential for building positive relationships in the classroom.
4. **Handling Ambiguity:** This skill equips educators to navigate uncertain and ambiguous situations with confidence. It includes making decisions in unpredictable circumstances, testing ideas and prototypes, and adapting swiftly to change, ultimately fostering resilience in the face of uncertainty.
5. **Critical Thinking:** Critical thinking encourages educators to actively and skillfully analyze, evaluate, and synthesize information. It equips them to guide students in developing analytical and reasoning skills, enabling deeper understanding and problem-solving.
6. **Problem Solving and Decision Making:** Problem-solving skills help educators identify challenges, analyze them, and find effective solutions. Decision-making skills enable thoughtful and objective choices, enhancing educators' ability to make informed decisions for their students' benefit.
7. **Time Management:** Time management skills empower educators to use their time productively and efficiently.

Prioritizing tasks, scheduling, and organizing activities allow educators to optimize their teaching and administrative responsibilities, ensuring a balanced workload.

5.3. Digital Competencies

In today's digitally interconnected world, the value of digital competences cannot be overstated. Proficiency in digital skills is not just a necessity but a powerful enabler for success in education, the workplace, and daily life. These competences empower individuals to navigate the digital landscape with confidence, harnessing technology to communicate effectively, solve complex problems, access vast information resources, and create innovative solutions. Moreover, in an era where digital transformation is reshaping industries and economies, digital competences are the gateway to numerous opportunities and a key driver of personal and professional growth. Whether in education, careers, or simply staying connected in the modern age, digital competences are the currency of the digital era, offering individuals the tools to thrive in an increasingly digitalized world. Based on Digicomp 7 digital competences were included in the curriculum:

1. **Digital Collaboration at Professional and Learning Level:** Proficiency in digital collaboration equips educators to effectively use technology for professional networking and collaborative learning environments. It enables them to leverage digital tools for communication, cooperation, and knowledge sharing, fostering a global community of learners.
2. **Selecting Digital Resources:** Educators with expertise in selecting digital resources can identify, assess, and choose appropriate digital materials for teaching and learning. They consider factors such as learning objectives, pedagogical approaches, and learner characteristics when making resource selections.
3. **Creating and Modifying Digital Resources:** This competence empowers educators to adapt and create digital educational materials, enhancing their teaching resources. They can modify existing resources to suit specific learning needs or create new content, providing personalized and engaging learning experiences.
4. **Managing, Protecting, and Sharing Digital Resources:** Educators proficient in managing digital resources organize and make them accessible to learners while ensuring data privacy and copyright compliance. They understand the importance of protecting sensitive digital content and can effectively share resources with students, parents, and colleagues.
5. **Actively Engaging Learners:** Educators with expertise in actively engaging learners use digital technologies to foster students' active participation and creativity in the learning process. They employ pedagogical strategies that encourage transversal skills, deep thinking, and creative expression.
6. **Digital Content Creation:** This competence involves incorporating digital means for students to express themselves and learn. Educators guide students in creating and manipulating digital content in various formats, teaching them about copyright, licensing, and proper source referencing.
7. **Digital Problem Solving:** Educators skilled in digital problem-solving incorporate activities that require students to identify and solve technical problems or apply technological knowledge to novel situations. This competency prepares students to tackle real-world challenges in a digitally driven society.

6. Discussion, limitations and further work

It is evident that the presented curriculum is a synthesis of multiple pedagogical methods, adhering to European educational standards, and providing a distinct alternative to traditional teaching approaches (see Figure 1). The curriculum's foundation is built upon a diverse array of educational methodologies, blending principles from Agile Project Management, the Flipped Classroom, and Inquiry-Based Learning. This eclectic approach ensures a holistic and versatile educational framework, aligning with the multifaceted nature of modern learning environments.

The curriculum's alignment with European educational standards is noteworthy and it has been presented in section 3. It not only adheres to the European Union's policies on educational reform but also actively incorporates the EU's competencies framework. This integration ensures that the curriculum is both relevant and forward-looking, preparing educators and students to meet contemporary educational and societal challenges. The curriculum's focus on developing transversal, agile, and digital transformation competences is particularly aligned with the European Commission's emphasis on lifelong learning and the acquisition of a broad spectrum of skills.

A significant aspect of this curriculum is its provision of alternatives to traditional pedagogical models. By emphasizing Agile methodologies, the curriculum transcends conventional classroom dynamics, fostering an environment of collaboration, self-direction, and incremental progress. The incorporation of the Flipped Classroom and Inquiry-Based Learning further strengthens this shift from traditional teaching methods, promoting a more student-centered approach. This approach encourages students to engage actively with the learning material, thus fostering deeper understanding and critical thinking skills.

Beyond its pedagogical implications, the curriculum serves as a catalyst for fostering collaboration among educators within a school setting. By adopting Agile values and principles, educators are equipped to work more effectively in self-managed teams, enhancing their ability to develop and implement comprehensive school projects. This collaborative framework extends beyond the confines of the school, involving various stakeholders and engaging students in community, city, or volunteer projects. Such involvement not only enriches the educational experience but also fosters a sense of civic responsibility and community engagement among students.

Lastly, the Agile Learning curriculum serves as a personal development tool for educators. It provides them with contemporary methodologies and practices, enhancing their teaching skills and professional growth. This aspect of personal and professional development is crucial, as it enables educators to keep pace with the rapidly evolving educational landscape, ensuring that they remain effective and relevant in their teaching practices.

In conclusion, the Agile Learning curriculum represents a comprehensive and innovative approach to education. It skillfully combines various educational methods, aligns with European standards, offers alternatives to traditional teaching, fosters collaboration, and serves as a tool for personal and professional development of educators. This holistic approach is well-suited to meet the demands of the 21st-century educational landscape.

While this paper provides comprehensive insights into the adoption of Agile methodologies in education, it is important to

recognize its limitations. Firstly, the application of Agile principles, primarily derived from software development, to educational settings may not fully account for the unique challenges and dynamics of classroom environments. The nuances of student-teacher interactions, diverse learning needs, and educational policies may require adaptations that could limit the direct applicability of these methodologies. Additionally, the paper predominantly focuses on Agile methodologies without extensively exploring alternative pedagogical frameworks that might offer complementary or even contrasting perspectives. This narrow focus may overlook the multifaceted nature of educational reform and the rich diversity of pedagogical theories. Furthermore, the paper's scope is limited by its reliance on secondary sources, which may not capture the most recent developments in the rapidly evolving field of educational technology and methodology. Lastly, the practical implementation of these methodologies in varied educational contexts, including under-resourced or non-traditional settings, remains underexplored, which could limit the generalizability of the findings.

The future work surrounding the "Agile Learning: An Innovative Curriculum for Educators" is poised to focus on several key areas to enhance its effectiveness and impact. These areas include the further validation of the curriculum, its widespread dissemination, and the creation of a comprehensive collection of sample school projects designed to assist educators in practical implementation.

A pivotal aspect of the future work involves the ongoing validation of the Agile Learning curriculum. This process is crucial for ensuring that the curriculum meets the evolving needs of educators and students and is effective in diverse educational contexts. Validation efforts will likely encompass empirical studies conducted in various educational settings, gathering feedback from educators and students, and continuously refining the curriculum based on these insights. This iterative process of validation will ensure that the curriculum remains relevant, effective, and aligned with contemporary educational goals and standards.

Another critical component of future work is the practical application of the Agile Learning curriculum, there is a need to develop a repository of sample school projects. This collection would serve as a valuable resource, providing educators with concrete examples and templates for implementing Agile methodologies in their classrooms. The projects in this collection should be diverse, covering various subjects and age groups, to ensure broad applicability. Additionally, these sample projects would ideally include detailed guidelines, lesson plans, and assessment criteria, offering educators a comprehensive toolkit for integrating Agile principles into their teaching practices.

In summary, the future work for the Agile Learning curriculum is multifaceted, encompassing the further validation of its content and methods, strategic dissemination to the educational community, and the creation of a practical resource in the form of a collection of sample school projects. These efforts are essential for ensuring that the curriculum achieves its full potential in revolutionizing contemporary education.

7. Conclusions

In conclusion, the Agile Learning curriculum stands as a beacon of innovation and adaptability in the field of education. Its overarching goal is to equip educators with a holistic skill set and a deep reservoir of knowledge that transcends

traditional teaching methods. By nurturing a profound understanding of Agile methodologies, transversal competences, and digital proficiencies, this curriculum empowers educators to be dynamic catalysts for change in the learning process. The aim is not merely to impart knowledge but to foster a mindset of continuous growth and adaptability, preparing educators to navigate the ever-evolving educational landscape. Through the Agile Learning curriculum, educators are poised to create learning environments that mirror the dynamism of the 21st century, where students are not just equipped to face challenges but are inspired to become active contributors to a rapidly changing world. It is a transformative journey that promises to reshape education and, in doing so, shape the future.

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