

Review of: "Perceived Social Support as a Predictive Factor of Fatigue and Quality of Life Among Healthcare Professionals in Greece"

Wilson Miguel Salas Picon¹

1 Universidad Católica de Colombia

Potential competing interests: No potential competing interests to declare.

Congratulations to the authors for the work done and for sharing empirical evidence in an important field of research.

The article addresses the approach of correlations and regressions that allow for the establishment of relationships between variables and the prediction of fatigue.

I consider the topic original and relevant in the field, and I consider that the article addresses a specific gap in the field of study.

The article provides evidence on the association between intrinsic and extrinsic exercise motives, positive and negative activations, and self-esteem in the context of health and fitness centers.

This evidence provides important elements for the implementation of programs in the field of mental health and the promotion of health.

The conclusions are consistent with the evidence and arguments presented and address the main knowledge gaps raised.

The references are appropriate for the study. These are in line with what was proposed in the study.

On the other hand, the authors could explain why the sample participation decreases in the general results of Table 4 and some correlations in Table 5.

Qeios ID: RSGKZ0 · https://doi.org/10.32388/RSGKZ0