

# Review of: "Narrative Medicine: Enhancing End-of-Life Care with Literary Stories"

Constance Garrousteigt<sup>1</sup>

<sup>1</sup> University of Bordeaux

**Potential competing interests:** No potential competing interests to declare.

Thank you for your article and your invitation to this review. I can notice your implication and your belief in this methodology.

I would like to underline some points :

- I'm wondering, how do you define the concept of « acceptance » ? To me, our work is to support the patient and their relatives, and acceptance is more a way than a state or an imperative objective. Can you explain your point of view ?
- In paragraph 5 of your discussion, I would like to add that the fear of death does not depend on the type of religion. It depends on the degree of adhesion to that. Also, even if the patient accepts his own death, he can feel fear. Fear is a normal adaptive reaction facing death. I think it's important to insist on this point.
- In this approach, only 3 novels are proposed to the patient. But the fatigue is important in the end of life. So, how do you manage that ? Who is the reader ? Only the patient, or the doula can help?
- This proposition of novels can be very helpful in many points for the patient to discuss or think about the end of life. Do you characterise it as a mediation tool ? Is it possible that this proposition can be, sometimes, a way to avoid the feel of helplessness among professionals ? How do you consider this feeling ?
- How do you integrate the relatives ? Do you propose to them some novels ?

I would enjoy it if you develop these points in your article and discuss the limits and levers of this methodology.