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# Alcohol-related cirrhosis

Charles Lieber

## Source

Charles Lieber. (1965). *Effects of prolonged ethanol intake: Production of fatty liver despite adequate diets*. *J Clin Invest*, vol. 44 . <http://content-assets.jci.org/manuscripts/105000/105200/JCI65105200.pdf>.

Alcohol ingestion produces fatty livers, despite maintenance of adequate diets.. Excessive and chronic alcohol intake can lead to cirrhosis