

Review of: "How to enjoy your healthy life after 70— suggestions from the science of longevity"

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Potential competing interests: No potential competing interests to declare.

This manuscript is a good attempt to bring together some cultural facts and possible science behind it. Why I use the term 'possible science' is because this manuscript lacks evidence to some of the claims made throughout the body of the manuscript. The manuscript also lacks graphical representation of some studies and also lacks context to some claims made throughout the manuscript.