

Review of: "A Study from the Perspective of Chinese Traditional Culture, Social Medicine, and the Healthy China Strategy: The Imperative Revival of Chinese Shoulder-Carrying Culture - A Solution to China's Dilemma of Aging Load-Bearing Laborers"

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Potential competing interests: No potential competing interests to declare.

The author presents a specific study of the healthy China strategy, with respect to aging, youth and changing life-styles by modernizing a civilization. Traditional culture and social medicine are closely interrelated as his methodical elaborations document as a skilled physician. Such case studies and specific methodological observations are an important part of allied health science, which is supported by the collection of methodical data.