

Review of: "[Commentary] Postpartum Depression: An Invisible Distress in the United Kingdom"

Shelina Bhamani¹

¹ Aga Khan University

Potential competing interests: No potential competing interests to declare.

Hello Authors,

I am amazed at the global efforts to ensure comprehensive advocacy for PPD. You have all done commendable work in drafting this piece. As an advocate for the same cause, I offer a few suggestions:

Your commentary could have emphasized the gaps in the existing standard of care for PPD and its challenges in both high-income and lower-middle-income countries. Following this, a set of recommendations could be proposed, including preventive measures, curative strategies, guidance for essential clinical practices, integration of PPD into medical education, and implementation of a PPD strategy/policy at a systemic level. Categorizing these recommendations in the section proposing actions would greatly benefit readers. So try to answer these questions:

- Can you provide specific examples of preventive measures and curative strategies that could be included in the commentary?
- How might the authors integrate PPD into medical education effectively, and what specific changes should be advocated for in PPD policy at a systemic level?

Overall, this topic underscores the critical importance of PPD. An extended commentary on this fundamentally important topic would be greatly beneficial..

Shelina