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Overweight

National Diabetes Information Clearinghouse (NDIC)

Definitions

[Body mass index \(BMI\)](#)

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). The diabetes dictionary. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

An above-normal body weight; having a [body mass index](#) of 25 to 29.