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Intensive therapy

National Diabetes Information Clearinghouse (NDIC)

Definitions

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

Blood glucose

Defined by National Diabetes Information Clearinghouse (NDIC)

Injection

Defined by National Diabetes Information Clearinghouse (NDIC)

Insulin

Defined by National Diabetes Information Clearinghouse (NDIC)

Insulin pump

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A treatment for **diabetes** in which **blood glucose** is kept as close to normal as possible. Optimal **blood glucose levels** are reached through frequent **injections** of **insulin** or use of an **insulin pump**, meal planning, adjustment of medicines, and physical activity. People undergoing intensive therapy work closely with their health care team.