

[Open Peer Review on Qeios](#)

Borg Category-Ratio 10 Scale Score 11 Point Scale

National Cancer Institute

Source

National Cancer Institute. *Borg Category-Ratio 10 Scale Score 11 Point Scale*. NCI Thesaurus. Code C122944.

A scale for the subjective scoring of perceived exertion that ranges from 0: Nothing at all to 10: Maximal.