

# Review of: "What is it like to be Out-of-Body? Phenomenal accounts of experiencers"

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**Potential competing interests:** No potential competing interests to declare.

I found the article very clear, giving some original clues about the similarities of spontaneous and induced exceptional experiences.

In the description of all phenomenological elements, I suggest to split testimonies from induced and spontaneous experiences, in order to help the reader making comparisons.

It can be interesting to quote other phenomenological studies, comparing neurologically induced OBE and spontaneous ones, for instance from Alexander De Foe.