

# Review of: "The Consumption of Iceberg Lettuce May Reduce The Adhesion of Dietary Fat to The Mucus Surface of The Stomach Barrier Lining Decreasing The Risk of Triggering Acute Gastroesophageal Reflux"

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Potential competing interests: No potential competing interests to declare.

The article is interesting and covers an important and current health issue that, according to the study, could be addressed with natural strategies.

Abbreviations make it hard to follow the information. I suggest not using so many abbreviations throughout the text, particularly in tables/figure legends, the discussion, and the conclusions.