

# Review of: "A Study from the Perspective of Chinese Traditional Culture, Social Medicine, and the Healthy China Strategy: The Imperative Revival of Chinese Shoulder-Carrying Culture - A Solution to China's Dilemma of Aging Load-Bearing Laborers"

Magdalena Zegarra Chiappori<sup>1</sup>

<sup>1</sup> University of Michigan - Ann Arbor

Potential competing interests: No potential competing interests to declare.

I think this article is interesting in the sense that it displays so much information about so many things. This helps you learn a lot about health issues in China and in general, but from how the text is written it is not clear for me who the audience is. Is this a paper written for anthropologists? For lay people that just want to learn more about the practice of shoulder-carrying? For specialists in the field of health and medical sciences. I would recommend the author to establish who is he writing to, so his paper can adequate to that specific audience and not display information that is not pertinent to the discipline withing he is supposedly writing. I think a lot of health issues get mention before we get to the core of thee article: the practice of shoulder-carrying. The author mentions several othr chronic diseases in younger and older generations and this, at least for me, gave the iimpression that we were not directed right a way to the central topic of the article. I also find that the position of the author is somehow one of trying to rescue this practice againts the advance of Westernization and I think that, if this is an academic article, the author needs to be more neutral. So then again, it is not clear for me who the audience of this piece will be. If it is an article that just wants to inform lay people and non-specialits about the importance of the practice of shoulder-carrying, I think the author can give an opinion or say how he values this cultural practive, but if this is more on the side of an academic article, the authors needs to present the facts--go straight to the the shoulder carrying practice insetad of talkking about other diseases--and make a solid argument. From what I have read, it seems that the argument of the author is that shuolder carrying practice is a cultural activity that must b recovered because it has many benefits for health and also has cultural value, but I am still no satisfied with the answer the author gives. I think it needs more than just saying that this practice should be revived because Westernization is a threat to traditional customs in Japan.

I value the long trajectory of the author and the years spent stdyng this practice and being a specialist on it. But I think that one thing that can help the article be more consistent is to have clear who the author is writing for and follow the conventions of the different ways of writing: academic, informative, etc.