

Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

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Potential competing interests: No potential competing interests to declare.

The article's issue of the competence of health professionals on nutritional aspects is an important topic, and one of great interest in health care. However, aspects of nutritional education are not widely described in the introduction.

Regarding how they have maintained confidentiality in the sampling of participants, since they are chosen from a list, it is not clear or described.

In results: there are aspects that it need to be correct: Table 1 (the % of < 40 years are described when the data corresponds to < 29 years); Table 2: The questions that evaluate knowledge are not questions that allow objectively establishing whether or not they have knowledge of nutrition. Table3. The abbreviations are not defined (PS, EN, etc.) which makes understanding difficult; Table 5 I think that it is not described how the competencies could be assessed.... And regarding the results of table 6, binary logistic regression, I think that the authors do not describe the results well, since for example they indicate that physiotherapists have 17.2 times greater probability of EN competencies, but according to the data in table 6, it is quite the opposite. Therefore, they should indicate whether they are comparing poor or good competition, since it would be the opposite compared to the data presented.

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