

# Review of: "Systematic Review on Effective Psychotherapies And/or Combined Treatments With Patients With Severe and Comorbidity"

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The methodology employed in the systematic review demonstrates a thorough approach to collecting and analyzing relevant scientific literature on effective psychotherapies and combined treatments for patients with severity and comorbidity. The use of PRISMA declaration principles and the PICOS criterion adds rigor and transparency to the review process. However, there are some limitations to consider. Firstly, the restriction of articles to those published between 2020 and 2022 may introduce bias by excluding potentially relevant older studies. Additionally, the reliance on specific keywords and databases may have led to the omission of relevant studies published in other languages or indexed in less commonly used databases. Furthermore, the exclusion criteria, such as problematic drug use and crime, may have inadvertently excluded studies that could contribute valuable insights to the topic under investigation. Overall, while the methodology provides a structured framework for conducting the review, it is important to acknowledge its limitations and potential impact on the comprehensiveness of the findings. Additionally, while the distribution of articles by problem category provides valuable insights into research priorities, it would be beneficial to explore the reasons behind the variation in the number of articles across different categories.

The discussion could benefit from a more critical examination of the limitations and implications of the findings presented in the results section. For example, while the broadening of evidence-based practice is highlighted as a positive development, there is a need to consider the potential challenges and barriers to implementation, such as resource constraints and resistance to change within existing healthcare systems. A more nuanced discussion of the implications of these findings for clinical practice and future research directions would enhance the overall impact of the results section. While the systematic review provides a valuable contribution to the literature on evidence-based psychotherapy for patients with severity and comorbidity, there are opportunities for improvement in each section. Addressing the limitations of the methodology, providing a more in-depth analysis of the results, and offering a critical examination of the implications in the discussion would strengthen the overall quality and impact of the review.