

Review of: "[Commentary] Postpartum Depression: An Invisible Distress in the United Kingdom"

Masauso Chirwa¹

¹ University of Zambia

Potential competing interests: No potential competing interests to declare.

The manuscript provides an insightful and comprehensive examination of Postpartum Depression (PPD), emphasizing its far-reaching effects on both mothers and children, and highlighting the inadequacies in current support structures within the National Health Service (NHS). The argument for enhanced support systems and policy reforms is well-articulated and supported by relevant studies and data. This piece is a valuable contribution to the discourse on maternal mental health and calls for significant changes in how PPD is addressed within healthcare frameworks.

- While the manuscript outlines the need for policy reforms, a more detailed analysis of existing policies and specific suggestions for amendments would enhance the argument. Include comparisons with maternal mental health support systems in other countries to provide a broader context and highlight potential best practices that the NHS could adopt. Provide a deeper exploration of the long-term effects of PPD on families, including potential intergenerational impacts. This will add to the manuscript's depth.