

Peer Review

Review of: "Interplay of Psychological Distress, Obesity, and Insomnia among Hypertensive Patients: A Cross-Sectional Study in Bangladesh"

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The study addresses the association between psychological distress, obesity, and insomnia among hypertensive patients in Bangladesh. The methodology and data analysis are quite robust. They have emphasised the association between hypertension, obesity, and stress; however, the causal relationship could not be established due to the cross-sectional study design. Very few suggestions to the authors:

1. The introduction can be cut short to 500 words, within 3-4 paragraphs.
2. HTN used in the introduction should be expanded or the abbreviation should be mentioned in brackets in the first use if the authors intend to use the abbreviation further in the manuscript.
3. The exclusion criteria – patients with anxiety disorders or known psychiatric disorders where there is an influence on sleep, diabetic patients (who also have sleep disturbances), other CAD patients, or asthma patients (where sleep may be affected) – should be excluded.

Declarations

Potential competing interests: No potential competing interests to declare.