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Role of Nicotine in RAS and Fibrosis Linked to Severe COVID-19 Manifestations

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Abstract

Smoking is one of the most important risk factors for cardiovascular and pulmonary disease (CVPD). Novel coronavirus (SARS-CoV-2) has caused epidemic pneumonia, corona virus disease 2019 (COVID-19), in various parts of the world. Severe patients occurred severe clinical inflammatory storm, pulmonary fibrosis or even multiple organ failure. SARS-CoV-2 combined with angiotensin-converting enzyme 2 (ACE-2) can cause severe pneumonia, however the cause of multiple organ injury caused by SARS-CoV-2 is unknown. The potential cardiopulmonary risk of nicotine and its related products has been concerned. Nicotine alters the homeostasis of the rennin angiotensin system (RAS) by upregulating ACE/angiotensin (ANG)-II/ANG II type 1 receptor axis and downregulating the compensatory ACE2/ANG-(1–7)/Mas receptor axis, contributing to the development of CVPD. Moreover, nicotine involves in the process of cell fibrosis, such as the damage of epithelial/endothelial barrier, the recruitment of inflammatory cells, the production of reactive oxygen species (ROS), and so on. Therefore, nicotine may be one of the reasons for the multiple organ damage of COVID-19. To understand the role of nicotine in RAS and fibrosis is of great significance for the prevention and treatment of multiple organ injury caused by SARS-CoV-2.

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Background

Novel coronavirus (SARS-CoV-2) is a positive-sense single-strand RNA virus with membrane^[1]. Its S protein binds with converting enzyme II (ACE2) and then enters epithelial cells in mucosa angiotensins of human airway. The binding power of SARS-CoV-2 is 10-20 times higher than that of SARS CoV, so it is more infectious^[2]. At present, most patients with SARS-CoV-2-induced epidemic pneumonia (Corona Virus Disease 2019, COVID-19) are characterized by fever, fatigue and dry cough. A few patients have symptoms such as nasal congestion, runny nose, sore throat and diarrhea. Severe patients often have dyspnea and/or hypoxemia after one or two weeks of onset. More severe patients will quickly progress to acute respiratory distress syndrome, septic shock, respiratory distress syndrome, respiratory distress syndrome and so on. Critically ill patients also appear kidney, heart and other multiple organ damage, and even functional failure^{[3][4]}. In the study of pathological anatomy of the patient's remains, it is found that the development of severe patients can lead to pulmonary interstitial fibrosis with the progress of the disease^[5]. By far, the cause of multiple organ failure caused by SARS-CoV-2 is not clear.

Smoking is one of the most important risk factors for cardiovascular and pulmonary disease (CVPD), and smokers are 2-4 times more likely to develop CVPD than nonsmokers^{[6][7]}. Nicotine, an addictive component of tobacco, interacts with nicotinic acetylcholine receptor (nAChR) in endothelial cells, vascular epithelial cells and epithelial cells of various organs. Studies have shown that nicotine interacts with renin angiotensin system (RAS) through its receptor nAChR, and RAS is one of the most important autonomic, cardiovascular and pulmonary regulatory systems in health and disease^[8]. Moreover, in many organs, nicotine regulates the function of fibroblasts and affects fibrosis^{[9][10][11]}. Nicotine may be an inducement of multiple organ failure in critically ill patients with COVID-19.

1. Interaction between nicotine and RAS in multiple organs

1.1 Nicotine and the RAS in cardiovascular dysfunction

Inhalation of nicotine can lead to acute increase of systolic and diastolic blood pressure, accompanied by the increase of plasma angiotensin converting enzyme (ACE) activity, indicating that there is a correlation between nicotine and RAS^[12]. Smoking and/or nicotine use increased the activity of plasma ACE, the conversion of angiotensin I (ANG I) to blood ANG II, and promoted vasorelaxation injury. Irbesartan, an angiotensin II type-1 receptor (AT1R) antagonist (also known as ANG receptor blocker), can reduce arterial stiffness in patients with hypertension. Compared with non-smokers, the response of smokers to bradykinin was impaired. After injection of ACE inhibitor enalapril, the response of smokers to bradykinin returned to the level of non-smokers^[13].

In the heart, ANG II activates AT1R, leading to myocardial fibrosis, cardiomyocyte hypertrophy and inflammation. AT2R, as the balance of AT1R, plays a role on anti-fibrosis, hypertrophy and anti-inflammatory^{[14][15]}. The heart consists of different cell types, including cardiomyocytes, fibroblasts, endothelial cells and smooth muscle cells. Each cell has a different RAS expression profile. ACE was expressed in vascular endothelial cells, fibroblasts and cardiomyocytes, and ACE2 was mainly expressed in vascular endothelial cells. All cardiomyocytes express AT1R and AT2R, but AT2R is low expressed in healthy hearts. The primary effects of ANG II are mediated through interactions with AT1R under normal conditions^{[16][17]}.

Nicotinic acetylcholine receptor (nAChR) is widely expressed in the heart. Chronic smoking or nicotine exposure will aggravate heart induced hypertension^{[18][19]}. At the molecular level, smoking decreased the expression of cardiac compensatory collagen, promoted the expression of matrix metalloproteinase (MMP)-9 and tissue inhibitor of matrix metalloproteinase-1, and blocked HIF-1 α , VEGF and TGF- β compensatory increase via nAChR signaling^[20]. Cigarette smoke extract or nicotine promotes fibroblast proliferation and collagen synthesis through α 7-nAChR/MAPK pathway. Nicotine can aggravate ANG II induced cardiovascular remodeling, including increased heart rate, increased myocardial MMP-2 expression and aortic wall thickening^[21]. Possible cardiotoxic interaction between nicotine and the RAS was also demonstrated in a mouse model of systemic hypertension^{[21][22]}. Nicotine and ANGII were delivered through subcutaneous osmotic minipumps either individually or in combination. Nicotine was shown to exacerbate cardiovascular remodeling induced by ANGII, which included increased heart rate, increased myocardial MMP-2 expression, and increased thickening of the aortic wall.

1.2 Nicotine and the RAS in nervous system

nAChR is widely expressed in the central nervous system. Endogenous acetylcholine and exogenous nicotine act on the receptor to regulate brain activity and physiological function. Long term nicotine exposure increases blood-brain barrier permeability^{[23][24]}. In the brain, nicotine promotes behavior dependence by regulating the release of glutamate and other neurotransmitters through nAChR. Nicotine also affects the activity of autonomic nervous region and promotes sympathetic stress response through hypothalamus pituitary adrenal axis^[25].

Nicotine can affect the autonomic nucleus through the interaction with RAS in the brain^{[26][27]}. Chronic smoking related adverse addiction and cardiovascular sequelae are partly regulated by nAChR-activated striatal dopaminergic and hypothalamic noradrenergic systems. AT1R is involved in nicotine induced release of dopamine and norepinephrine, and the activation of AT1R in striatum is counteracted by AT2R. In addition, the interaction between nicotine and brain RAS may be related to the sympathetic effect of nicotine and neurogenic hypertension mediated by AT1R. In hypothalamus and subfornical organ, nicotine interacts with brain RAS^[28]. Intracerebroventricular injection of Ang II and nicotine could increase the expression of c-fos in subfornical organs and significantly promote drinking behavior. Perinatal nicotine exposure changes brain RAS, resulting in increased sympathetic activity in adult offspring^[29].

1.3 Nicotine and the RAS in the lung

A variety of lung cells express nAChR, including bronchial epithelial cells, type II alveolar epithelial cells, alveolar macrophages, pulmonary endothelial cells and interstitial fibroblasts^{[30][31]}. These cells also express RAS components. Pulmonary microvascular endothelial cells express high level of ACE, which is helpful for the system to regulate blood pressure and body fluid balance. In lung, AT1R and AT2R are widely expressed. AT1R is located in vascular smooth muscle cells, macrophages and stromal fibroblasts under airway epithelium, while AT2R is expressed in bronchial epithelium. AT2R is also expressed in fibroblasts, macrophages and pulmonary endothelial cell subsets^[32]. ACE2 and MAS receptor (MASR) are mainly expressed in bronchial epithelial cells^[33]. In addition to pulmonary hypertension, pulmonary RAS is also involved in many pulmonary diseases unrelated to blood pressure and fluid balance, including pulmonary infection/inflammation, acute lung injury/acute respiratory distress syndrome and pulmonary fibrosis^[34].

Nicotine can activate the expression and activity of ACE in lung tissue^[35]. In patients with pulmonary hypertension (PAH), the expression of ACE in pulmonary artery/arteriole endothelium was significantly increased. In chronic cigarette smoke induced PAH, ang II level increased with the increase of ACE expression and the decrease of ACE2 expression^[36].

Losartan can reduce Ang II, restore ACE2 expression, improve pulmonary vascular remodeling and smoke induced right ventricular systolic blood pressure. Chronic cigarette smoke exposure down regulates the expression of ACE2 through ang II and AT1R dependent extracellular signal regulated kinase (ERK)/p38 MAPK signaling pathway^[37]. The relationship between smoking and RAS has been widely accepted.

2. Nicotine participates in the process of cell fibrogenesis

Fibrogenesis is a gradual process, including epithelial/endothelial barrier damage, release of transforming growth factor- β 1 (TGF- β 1), the recruitment of inflammatory cells, production of ROS, activation of collagen-producing cells, extracellular matrix-dependent activation of myofibroblast cells^[38]. Numerous studies over the past decade have provided compelling evidence for the involvement of nicotine in the modulation of fibroblast activation and function^{[39][40]}. Understanding the role and mechanism of nicotine in stimulating fibrosis will provide a basis for the clinical significance of nicotine replacement therapy.

2.1 Nicotine promotes damage to epithelial/endothelial barriers

Damage to epithelial cell and vascular endothelial cell barrier plays an important role in the activation of fibrosis. Chronic epithelial damage and/or apoptosis followed by tissue healing can lead to the release of inflammatory factors that trigger immune-cell infiltration and activation of local fibroblasts^[41]. In vivo studies have shown that nicotine can directly affect the ion homeostasis of epithelial cells, and the change of Na^+ and Cl^+ balance can lead to epithelial cell damage and inflammatory reaction of cell damage^[42]. In trachea and gastrointestinal tract, chronic exposure to nicotine stimulates the edema of lamina propria cells, increases the number of eosinophils, increases the expression of epithelial mesenchymal transition (EMT) molecules, and aggravates the damage to basal cells^[43]. Nicotine also regulates the expression of nitric oxide synthase (NOS), ACE, tissue plasminogen activator (t-PA) and vascular cell adhesion molecule-1 (VCAM-1) in endothelial cells, and promotes plaque growth and angiogenesis in mice^[44]. Nicotine regulated endothelial cell gene expression, which promoted plaque growth and angiogenesis in mice^[45]. Consistent with these findings, in vitro treatment of primary human coronary endothelial cells with nicotine for 24h increased expression of nitric oxidesynthase, ANG-I-converting enzyme, t-PA, and VCAM-1, which are factors known to promote the development of atherosclerotic plaques^[46].

2.2 Nicotine mediates the production and release of TGF- β 1

TGF- β 1 is an important cytokine involved in wound healing and repair in many types of cells and tissues. TGF- β 1 stimulates the production of ECM proteins and plays a key role in the regulation of fibrosis^{[47][48]}. Various model of fibrosis, nicotine significantly up-regulated TGF- β 1 and stimulates fibroblast functions in an autocrine fashion^{[49][50]}. In the

model of atrial fibrosis, nicotine upregulated TGF- β 1 and stimulated the proliferation and collagen deposition of atrial fibroblasts^[51]. Moreover, nicotine induced expressions of connective tissue growth factor (CTGF) and TGF- β in fibroblasts through α 7-nAChR-dependent activation in breast cancer^[52].

2.3 Nicotine recruits inflammatory cells

Recruitment of infiltrating inflammatory cells is a key event to fibrosis, and a pathogenic result of acute and chronic tissue injury^[53]. Changes of inflammatory cells play an important role in a number of diseases associated with smoking. Therefore, it is relevant to discern the effects of nicotine on both the recruitment and activation of inflammatory cells and to identify inflammatory mediators/cytokines involved. In several systems, the effects of nicotine are controversial and appear concentration-dependent. A number of in vitro and in vivo studies have described nicotine's profound effects on neutrophils during emphysema^[54]. Nicotine activated F-actin formation and intracellular Ca^{2+} release in neutrophils and was postulated to play a role in neutrophil migration and/or degranulation during pulmonary disease. In addition to neutrophils, other inflammatory cell types, such as macrophages, dendritic cells (DCs), and lymphocytes, respond to nicotine^{[55][56][57]}. Further studies are needed to understand the role of nicotine in inflammatory cell-mediated fibrosis.

2.4 Nicotine causes accumulation of ROS

ROS are strong modulators of inflammatory processes in the central nervous system (CNS), development of atherosclerosis in vessels, stroke injury, renal epithelial damage, pulmonary cell damage, and critical factors in fibrogenesis^{[58][59]}. Nicotine induces oxidative stress in a number of cell types, including epithelial cells, macrophages, fatty liver cells, and mesangial cells^[60]. Nicotine is closely related to the increase of lipid peroxidation and the decrease of antioxidant activity of macrophages. Studies have shown that nicotine reduces the activity of scavenging enzymes, and induces ROS production in the liver^[61]. The ability of nicotine to reduce antioxidant levels indicates its effect on lipid peroxidation. Nicotine alone or combined with ethanol decreased glutathione (GSH) activity in liver and lung, and nicotine and ethanol increased lipid peroxidation. Nicotine induced the increase of superoxide anion and hydrogen peroxide content, resulting in the decrease of antioxidant^[62].

2.5 Nicotine activates collagen-producing cells

In the process of fibrosis, collagen synthesized by fibroblasts is an important component of extracellular matrix (ECM)^[63]. In general, fibroblasts need stimulating factors such as TGF- β 1 activating the secretion of collagen. Meantime, α -smooth muscle actin (α -SMA), vimentin and extracellular matrix proteins increased. Studies have shown that smoking increases collagen deposition and promotes myocardial fibrosis^[64]. Nicotine induced collagen deposition through fibroblasts. The deposition of collagen in atrial myocardium was correlated with the concentration of nicotine and the history of excessive smoking.

3. Understanding the importance of nicotine in COVID-19

As a new type of pneumonia, the pathogenesis of COVID-19 is still unclear, and there is no clear and effective treatment.

Systematic understanding of the interaction between nicotine and RAS in multiple organs and the role of nicotine in the process of cell fibrosis has important guiding significance for the prevention and treatment of multiple organ failure caused by COVID-19. If the patient's multiple organ failure is closely related to nicotine, then banning smoking is one of the most effective measures for multiple organ failure. At the same time, we may also explain why some patients are prone to multiple organ failure, while others are not.

Conclusions

Nicotine can change RAS homeostasis by regulating ACE/ANG-II/ANG-II type 1 and ACE2/Ang-(1-7)/MAS receptor axis. Meantime, nicotine participates in the process of cell fibrosis, affects multiple organ fibrosis. To understand the role of nicotine in RAS and fibrosis may be of great significance for the prevention and treatment of multiple organ injury caused by SARS-CoV-2. For patients with a history of smoking, we may consider early intervention with nAChR inhibitors to avoid the development of multiple organ failure and reduce the mortality.

Abbreviations

SARS-CoV-2: Novel Coronavirus

COVID-19: Corona Virus Disease 2019 COVID-19

ACE-2: Angiotensin-converting Enzyme 2

CVPD: Cardiovascular and Pulmonary Disease

RAS: Rennin Angiotensin System

ANG: Angiotensin

ROS: Reactive Oxygen Species

nAChR: Nicotinic Acetylcholine Receptor

AT1R: Angiotensin II Type-1 Receptor

MMP: Matrix Metalloproteinase

PAH: Pulmonary Hypertension

TGF- β 1: Transforming Growth Factor- β 1

EMT: Epithelial Mesenchymal Transition

NOS: Nitric Oxide Synthase

t-PA: Tissue Plasminogen Activator

VCAM-1: Vascular Cell Adhesion Molecule-1

CTGF: Connective Tissue Growth Factor

DCs: Dendritic Cells

CNS: Central Nervous System

GSH: Ethanol Decreased Glutathione

ECM: Extracellular Matrix

α -SMA: α -smooth Muscle Actin

Ethical Approval and Consent to participate

Not applicable.

Consent for publication

Not applicable.

Availability of data and materials

Not applicable.

Competing interests

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Author Contributions

XM wrote and revised the paper. YJ contributed to the interpretation of data. All authors made the final editing of the review and approved the final manuscript.

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