

Review of: "The Psychological Impact of Leisure and Rehabilitation Activities in Children and Adolescents With Autism: A Delphi Approach"

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Potential competing interests: No potential competing interests to declare.

The title effectively communicates the subject matter and methodology of the research. It clearly indicates the focus on the psychological impact of specific activities for children with autism and the utilization of a Delphi approach. It's informative and concise, earning a rating of 4/5.

The abstract provides a clear overview of the study's focus, methodology, and key findings. It effectively outlines the purpose of the research, the Delphi approach utilized, and the significant activities identified. The abstract succinctly communicates the study's core elements, making it informative and accessible to readers. Overall, it effectively summarizes the study, earning a rating of 4.5/5.

The introduction provides a comprehensive exploration of the relationship between leisure activities and psychological well-being, especially in the context of children and adolescents with neuro-disabilities. It effectively presents a wide array of studies and findings, emphasizing the potential impact of leisure activities on mental health and well-being. The section also highlights the significance of social participation and its positive influence on mental health in individuals with neuropsychiatric disorders. Furthermore, it introduces the study's focus on evaluating the emotional impact of specific leisure-rehabilitation programs for children and adolescents affected by autism. Overall, the introduction serves to establish the context and rationale for the study, offering a rich background of relevant research. It's comprehensive and informative, earning a rating of 4.5/5.