

Review of: "[Mini-review] Impact on Oral Health of Smoking Cigarettes, Cigars or Hookahs"

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- This extensive article conducts a meticulous analysis of the adverse consequences of smoking on both oral and general health, encompassing emerging trends such as the use of electronic cigarettes, cigars, and hookahs. The text proficiently conveys the manifold hazards linked to tobacco use, including tooth discoloration, an increased susceptibility to cancer and periodontal disease, and the criticality of comprehending the repercussions of passive smoking on individuals in close proximity to smokers.
- The article effectively elucidates the perils associated with various smoking methods, including the potential health risks posed by electronic cigarettes and the lack of filtration in cigars. Moreover, it underscores the regulatory complexities associated with these commodities, particularly in areas such as Brazil where illicit electronic cigarette distribution occurs. The article promotes the importance of prevention strategies and routine dental examinations, urging readers to give precedence to their oral and overall well-being. The discourse maintains a respectful demeanour throughout, recognising the intricate nature of nicotine addiction and providing encouragement to those seeking to cease smoking.
- In its entirety, this composition functions as a significant scholarly asset, enlightening perusers regarding the merits of quitting smoking and furnishing pragmatic guidance for upholding optimal oral and overall well-being. It emphasises the significance of prevention as the fundamental pillar of disease management in an effective manner.