

Review of: "What is it like to be Out-of-Body? Phenomenal accounts of experiencers"

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This article is important in a sense that the phenomenological aspects of OBEs are introduced by showing the first-person report of OBEs, because previous studies focusing on the OBEs mostly examined the relation to the brain. However, scientifically, deeper exploration of previous studies, detailed explanation for methods and results, and discussion to interpret the results in a valid manner are needed. Some specific comments for this article are following:

Regarding the Introduction section, it is important to mention the extent to which recent neuroscience research has revealed a link between OBEs and the brain. For example, Vesuna et al. (2020) revealed the posteromedial cortex rhythm contributes to the experience of dissociation (including OBEs) by using intracranial recording and electrical stimulation both in animals and human case.

- Vesuna, S., Kauvar, I. V., Richman, E., Gore, F., Oskotsky, T., Sava-Segal, C., Luo, L., Malenka, R. C., Henderson, J. M., Nuyujukian, P., Parvizi, J., & Deisseroth, K. (2020). Deep posteromedial cortical rhythm in dissociation. *Nature*, 586(7827), 87–94.

Relating to the aim of this study “to know more about the perceptual and mental phenomenological experience when OB”, how do we broaden the understandings of OBEs through knowing the phenomenological aspects? Further explanation allows readers to understand the aim.

In the Methods section, OBEs are induced hypnotically or spontaneously, but I would like an explanation as to what purpose led these participants to experience OBEs. In other words, OBEs are usually reported as secondary phenomena, but in this study, was hypnosis or other methods used for the purpose of inducing OBEs?

Could you please describe what can be revealed using the Content Analysis inductive approach (Selvi, 2019) analysis. After reading Results section, we can imagine that the analysis in this study classified the participants' self-reports into some categories, however, how did the authors analyze the data?

In the discussion, a more detailed explanation of what is meant by the introspection of participants in several categories would facilitate understanding. If there is something phenomenological that is disconnected from the neurophysiological basis, as mentioned in the introduction, it would be good to have an explanation of where it comes from.

