

[Open Peer Review on Qeios](#)

Insulin adjustment

National Diabetes Information Clearinghouse (NDIC)

Definitions

Insulin

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A change in the amount of **insulin** a person with **diabetes** takes based on factors such as meal planning, physical activity, and **blood glucose levels**.