

Review of: "Positive Thinking and Laughter Therapy"

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Potential competing interests: No potential competing interests to declare.

Hearty congratulations to all authors for their efforts in obtaining positive outcomes from this study. This study emphasizes the importance of integrating complementary therapies such as positive thinking and laughter therapy with standard medical care to improve the lives of individuals with chronic diseases. The authors elaborated on all the chapters, especially the methodological ones, including case studies and analytical views. The verbatim quotes mentioned in the tables are appreciable. Still, in the qualitative study, including the case study method, viewers feel a little difficulty in understanding the pattern of the write-up because the methodology of the qualitative study proceeds with themes and subthemes, whereas the case study method has narration about the case with standardized management.

Little more clarity is needed in the following aspects:

- If possible, add up with themes and subthemes and emphasize strengths & weaknesses of the study area that need attention.
- In the discussion, present study findings need to be discussed with previous findings to give insight and enhance the interest of the viewers and a better understanding of previous and current trends.
- In the references, only 8 citations are mentioned. If possible, add up a few more, or if a study related to the area is not found, better add this as a limitation part too.