

Review of: "Assessing the Impact of a Group Intervention on the Mental Well-being of Undergraduate Healthcare Students"

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Potential competing interests: No potential competing interests to declare.

Assessing the Impact of a Group Intervention on the Mental Well-being of

Undergraduate Healthcare Students

The concept of the manuscript is good but needs more corrections to accept

The title: is incomplete as which type of group intervention used and with whom

The abstract: is lacking of essential data as the number of the participants, inclusion criteria, number of program sessions, and which testes used to calculate the results. The conclusion and the recommendations are lacking.

<u>The introduction</u>: is well formed but it needs to update the references. The researchers may need to add a theoretical background of the program intervention

Methodology: there is a mistake regarding type of design used as with absence of pre assessment, how to compare between pre-and post assessment program. How students' randomization done? how participants' selected? and what about inclusion and exclusion criteria for them? how sample size was calculated? the heading of contents of the study program need to explore how to improve mental well being

The results: are reasonable and accepted with good representation

<u>Discussion:</u> there is lacking of interpretation of the current study results and also limited references either to support or contradict the results used. the discussion needs to revise to integrate national and international results that agree / disagree with the current results_

Conclusion: is adequate and well formed

The recommendations, limitations, the strength and weakness points of the study are lacking.

The researchers done a good job in selecting title but the practical issues aren't clear. Thus the urgent modifications are need.

