Review of: "There's an App for That: Development of a Digital App for Mental Health Issues"

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Potential competing interests: No potential competing interests to declare.

We are in a stage where technology plays a very crucial role in our day to day life and it has become an inseparable part of our lives. This is a proven fact so it is important for us to think of how technology can be used for our development as well as better quality of life. Mental health is one area where the application of technology knowledge and tools has become essential as well as useful not only in treatment of mental illnesses but also in reaching out to those who are unable to access mental health services due to various reasons including long distances from a health care facility, financial crisis, and social stigma.

This is a well written proposal with good strategies. One suggestion I would like to give is that social workers can also be included in the team because they are a crucial part of multidisciplinary team, are well trained professionals to provide counselling services in clinical settings as well as communities and can give better insights into the sociological aspects of mental illness, mental health and mental well-being. This would help you get more professionals and enlarge your team to give a better quality of care.