The author's statement "Should people be fixed to fit their environment? Or should the environment be fixed to accommodate difference?" summarizes the substance of this contribution. Although it starts from a premise that I consider wrong: "the assumption that a range of psychological traits are inherently masculine or feminine is oppressive." The well-verified differences between men and women affect their biological and psychological constitution, are mediated by genes -more than 6,500 genes are expressed in different ways depending on sex- and involve openly different brain connectivity, as recent studies have confirmed, which condition behavior, perception, emotional management or the way of interpreting reality or interacting with the environment. To deny differences or call them "oppressive" is to ignore the scientific evidence. This way of being masculine or feminine does not suppose - should not suppose in any case - a discrimination or gradation in their dignity and rights. These are the ones that must be defended instead of manipulating the reality of the constitutive nature of men and women with transition processes that generate problems, instead of solving them. Similarly, getting rid of "rigid stereotypes" as to what men and women should do or how they should behave would help reduce the pressure that gender dysphoria places on many affected.