

Peer Review

Review of: "Interplay of Psychological Distress, Obesity, and Insomnia Among Hypertensive Patients: A Cross-Sectional Study in Bangladesh"

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This study provides valuable insights into the complex interplay between psychological distress, obesity, and insomnia among hypertensive patients in Bangladesh. By employing robust methodologies, such as validated tools and comprehensive data analysis, the research highlights significant associations between these variables and underscores the urgent need for integrated health interventions. The findings emphasize the importance of addressing socio-economic and demographic disparities, offering a strong foundation for future strategies to improve holistic hypertension management. This study is a timely and impactful contribution to the growing body of literature on the intersection of mental and physical health in low- and middle-income countries.

Declarations

Potential competing interests: No potential competing interests to declare.