

Review of: "The Instances of Insomnia among Adolescents in High School Addicted to Online Games"

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Potential competing interests: No potential competing interests to declare.

First of all, I want to thank the authors of the article for their work. Without a doubt, it is a research that reflects a relevant and current issue faced by young students. However, to enhance the quality of the work, please allow me to offer the following suggestions:

Expand the bibliographic foundation for contextualization in the introduction. You provide only 8 bibliographic references, which is very few. You could analyze the situation in neighboring countries as well as in a European country, for example.

Regarding Table 1, I suggest that you delve deeper into the breakdown by gender. Do men play more than women? Do they play the same online games, or are there differences based on the game? I would also conduct a similar analysis in Table 2: Is insomnia more severe in men than in women?

I believe that it adds value to focus on the differences (if any) between genders facing the same issue and explain their possible causes.

Thank you very much for your consideration. Receive a warm greeting