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Nonalcoholic steatohepatitis (NASH)

National Diabetes Information Clearinghouse (NDIC)

Definitions

Liver

Defined by National Diabetes Information Clearinghouse (NDIC)

Insulin resistance

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Fat

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A common **liver** disease, often without symptoms, that resembles alcoholic liver disease but occurs in people who drink little or no alcohol. The major characteristic of NASH is **fat** in the liver, along with inflammation and damage. NASH can be a complication of **insulin resistance** and **diabetes**.