

Review of: "A Policy Dialogue for Nutrition of Women and Adolescent Girls: Sustainable Development Goals Matters Arising"

Dániel Fróna¹

¹ University of Debrecen

Potential competing interests: No potential competing interests to declare.

Upon reviewing the manuscript, it is evident that malnutrition among adolescent girls and women in Rwanda is a significant issue that requires a multisectoral approach to address. The document highlights the importance of progress on nutrition for overall sustainable development in the country and emphasizes the implications for the UN sustainable development goals. While the proposed solutions, such as improving access to essential nutrition services and implementing policies to protect adolescent girls and women from nutrient-poor and unhealthy ultra-processed foods, are important steps towards addressing malnutrition, it is crucial to consider the context and applicability of these solutions in Rwanda. Additionally, the document cites several sources to support its claims, including the Rwanda Demographic and Health Survey 2019-20 Final Report and The Cost of Hunger in Rwanda report by the World Food Program. However, it is important to consider the credibility and reliability of these sources and to seek out additional sources to form a well-rounded understanding of the topic. And the in-text citation is also missing, which is crucial. Overall, the document provides valuable insights into the issue of malnutrition among adolescent girls and women in Rwanda and highlights the need for a comprehensive approach to address this issue.

To enhance the quality and impact of the article, the following suggestions can be considered:

1. Inclusion of Data Sources: Provide more detailed information about the data sources and methodologies used to support the claims and statistics presented in the article. This will enhance the credibility and reliability of the information.
2. Case Studies: Incorporate case studies or success stories that demonstrate effective interventions or programs addressing malnutrition among adolescent girls and women in Rwanda. This can provide practical examples of successful initiatives and inspire potential solutions.
3. Policy Analysis: Offer a more in-depth analysis of existing policies and their effectiveness in addressing malnutrition among adolescent girls and women in Rwanda. This can help identify gaps and opportunities for policy improvement.
4. Cultural and Societal Context: Consider discussing the cultural and societal factors that contribute to malnutrition among adolescent girls and women in Rwanda. Understanding these factors is crucial for developing culturally sensitive and effective interventions.

Some questions:

- What are the potential barriers to implementing the proposed solutions, such as improving access to essential nutrition services and implementing policies to protect adolescent girls and women from nutrient-poor and unhealthy ultra-processed foods?
- How can the proposed solutions be tailored to the specific needs and challenges faced by different subgroups of adolescent girls and women in Rwanda, such as those living in rural areas or those from marginalized communities?
- What are the potential long-term economic benefits of addressing malnutrition among adolescent girls and women in Rwanda, and how can these benefits be measured and evaluated?
- How can the proposed solutions be integrated into existing healthcare and social protection systems in Rwanda?