

## Review of: "The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses"

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Potential competing interests: No potential competing interests to declare.

I appreciate the opportunity to review this interesting report on the effects of telerehabilitation on functional capacities in older participants. I enjoyed reading the manuscript. I believe the paper could be further strengthened by added information about:

- 1. I recommend adding more characteristics for participants, such as demographics and/or clinical symptoms (inclusion and exclusion criteria).
- 2. The introduction section needs more references, and please explain more about the telerehabilitation training.(Studies have been conducted regarding the effectiveness of telerehabilitation in improving balance but have shown inconsistent results.) Missing references.
- 3. Secondary Outcome Measures: Physiological and Psychological Measures for Balance Control. I recommend clarifying and adding references concerning the relationship between cognitive and motor function in older people, such as the presence of brain sarcopenia or a mental disorder can decrease motor function and increase falls.

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