

# Review of: "[Commentary] Balancing the bio in a biopsychosocial model of hazardous drinking and alcohol use disorders"

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Potential competing interests: No potential competing interests to declare.

This article emphasizes the balance in a biopsychosocial approach to hazardous drinking and alcohol use disorders (AUD). The authors argue that an excessive focus on biological factors may hinder the effective use of environmental policy tools and potentially harm AUD recovery processes. I believe that this article makes an important contribution.

The authors highlight that environmental factors have a significant impact on AUD, in addition to individual-level biological factors. They also emphasize that population-level policy strategies are more effective and cost-efficient in reducing hazardous alcohol use and preventing AUD. I think the evidence presented in the article is generally strong, and the discussion is presented in a balanced and comprehensive manner.

However, I believe that there are some points in the article where more examples and evidence could be provided. Specifically, there could be more information on the role of biological factors in determining AUD risk and their impact on clinical applications. Additionally, the discussions on genetic etiology could be approached from a broader perspective, emphasizing the importance of a biopsychosocial approach that includes the psychosocial and sociocultural factors of AUD.

In conclusion, I believe this article makes an important contribution, and I support the continuation of such studies that highlight the balance in a biopsychosocial approach to alcohol use disorders.