

Review of: "Biological Components in Cucumbers (Cucumis Sativus L.): Implications for Pickle Manufacturing and Health Benefits in Fresh and Processed Varieties"

Carmen Cuadrado¹

¹ Instituto Nacional de Investigación y Tecnología Agraria y Alimentaria

Potential competing interests: No potential competing interests to declare.

In my opinion, this review of the biological components in cucumbers and their implications for pickle manufacturing and health benefits is well written and clear. The review is updated and collects the main aspects of this subject. I suggest including data and references about the allergenic capacity of cucumbers to have a wider view of the effects of cucumber consumption on human nutrition.