

Review of: "Psycho-Social Factors as Elixir to the School Adjustment of High Ability Secondary School Students in Oyo State, Nigeria"

Denok Sunarsi¹

¹ Universitas Pamulang

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the study revealed that emotional intelligence is the most influential factor in predicting the school adjustment of high-ability secondary school students in Oyo State, Nigeria. This suggests that students with strong emotional intelligence tend to adapt better to the school environment. Self-efficacy also plays a significant role, indicating that students with confidence in their abilities are more likely to overcome challenges. Peer-attachment and parental involvement, while important, had slightly less impact. The overall model explained a substantial proportion of variance in school adjustment ($R^2 = 0.995$), highlighting its robustness. These findings have practical implications for educators and parents, emphasizing the importance of nurturing emotional intelligence and self-efficacy to support high-ability students' successful adaptation to school.